

1) Pre-season Performance Course



Course descriptor

Our pre-season performance course is the ideal way to get your season off to a great start and Hintertux provides a fantastic venue for early season skiing. This “all terrain mountain course” will tune up your technique and help you develop tactics for any terrain that the mountain might throw at you. This course is open to skiers of intermediate level (competent red run skiers) up to experts and aspiring professionals.

Course date;

7th to the 12th of December 2008

Venue: Hintertux, Austria

Please note that the dates above are the on snow days with transfers on Saturday

Key information

Instructor to client ratio: 1 to 8.

Duration: 6 days from approx. 9.30a.m. to 3.30p.m.

Video analysis & playback: Yes.

Photos of the week: Yes - available on flickr.

Equipment: Please see equipment checklist later in this brochure (all equipment must either be brought to the course or hired and is extra to the price quoted below).

Course only cost: £345.00 per person.

Accommodation: Can be arranged by Alpine Coaching

Partnership

These courses are run by [Alpine Coaching](#) in association with [BASS Chamonix](#)

Further information & booking

For further information please go to www.alpinecoaching.co.uk/courses.asp

Or email: alpinecoaching@aol.com

Tel: Mobile (+44) 0777 150 1873 Office (+44) 01442 399 118

